

## Our Support Group needs FUNDS and PARTICIPATION!

As it stands, we only have funds to carry us through November 2016. And other than the meeting with Dr. Perlman there is hardly enough participation to warrant renting the hall and having the board schedule speakers. The Board met in January and **we leave it up to you** whether we hold meetings and continue with the newsletter.

**Please put an X on the line next to the topics you plan to attend our meetings:**

**Bracing** - Orthotist Rod Cuervo will use **Baldwin's leg** in a live demonstration. He will discuss how polio survivors need customized braces, often using a variety of components and materials. Do you have the mobility you think you are capable of? Do you have a brace that doesn't work? Have you been so frustrated by a brace and did not tell the orthotist it hurt or didn't do what it was supposed to do? Do you want to see how Mr. Cuervo approaches measuring, making, and fitting a custom brace? This meeting is already scheduled for **March 12th at 2PM.** Will you attend? Yes \_\_\_ No \_\_\_

**Dr. Perlman**, director of UCLA 's PPS Clinic. Current **Post-Polio Research and Care:** Scheduled for **Sunday May 22nd.** Please write down your questions in advance. Will you participate? Yes\_\_\_ No\_\_\_

**Modifying homes** with ramps, door widening, grab bars, and other simple changes to make living with PPS easier. Presentation by former builder experienced with ADA. Attend? Yes\_\_\_ No \_\_\_

**Video presentations** from **recent PPS conferences** with discussion. Attend? Yes \_\_\_ No \_\_\_

**Assistive devices:** A presentation by MOBILITY CENTER of **actual** crutches, wheelchairs, powerchairs, lifts, van conversions. (Take a look at some of our member's vans) Will join us? Yes \_\_\_ No \_\_\_

**HICAP presents!** Presentation by the **Health Insurance Counseling & Advocacy Program** on 2017 changes in Original Medicare, Medicare Advantage Plans, and Medicare Prescription Drug coverage, Supplemental policies (Medigap) and The Affordable Care Act. Also help on fighting Medicare fraud and abuse as well as help low income seniors apply at Benefits Enrollment Center. Attend? Yes \_\_\_ No \_\_\_

**Do you want to receive Newsletter?** Printed newsletter \_\_\_ Newsletter by email\*\*\* \_\_\_ None \_\_\_

\*\*\* Your email address: \_\_\_\_\_@\_\_\_\_\_

### WE NEED DONATIONS NOW!

**CUT OFF THIS FIRST PAGE** and make out a check (small amounts welcome!) to PSA-Support Groups and **mail check and questionnaire** to Polio Survivors Support Groups at 12720 La Reina Ave, Downey, CA 90242. Please write "Newsletters and Meetings" in the memo area of the check. All funds will be equally shared between the Rancho and Orange County support groups.